

Sample book review:

Book Review for *Rafa: My Story*

Is your favorite food olives? Are you afraid of dogs and the dark? If you answered yes, then you might want to read *Rafa: My Story* by Rafael Nadal and John Carlin. It is the riveting story of whom else, Rafa Nadal! The book details Rafa's life, from his days as a young kid trying to decide whether to play soccer or tennis, to his adulthood, where he has won multiple grand slam events. This book is such a page turner; not only do you learn about Rafa the tennis player, but you also learn about Rafa, the regular every day guy!

The story begins with details about Rafa's early life in Majorca, Spain. Various members of his family share stories about Rafa. Uncle Toni Nadal, his coach, tells many stories about how hard he was on Rafa when he was younger, but he stresses that everything he did, from making him rake the clay court when they were done practicing to telling him that he can always improve no matter how well he played, was meant to build his physical and mental toughness.

The book also describes what Rafa has had to do to become the best. While Rafa is proud of his successes, he also talks about the low times when he felt he couldn't move on from a loss. Rafa says that the support of his friends, family, and fans are what got him through the tough times.

There are so many things to like about this book! The chapters written by Rafa are the best. When Rafa tells the story, it really feels like it's from the heart. It feels so authentic. Also, it is cool to hear Rafa's family tell little stories about him from his childhood because you really get to know him. While it is hard to pick out anything bad about the book, I have to say I didn't like the chapters that the co-author, John Carlin, wrote because I wanted to hear the story from Rafa's point of view.

My favorite part of the book was the story that Rafa told about his 2007 Wimbledon loss to Roger Federer. After the match, he went to the locker room and cried. This shows how much winning meant to Rafa. However, instead of staying sad forever, he worked harder and won the tournament the next year. This shows how mentally tough he is.

This book is a great read. I would recommend this book to tennis lovers and to anyone who likes biographies, particularly about athletes. You cannot go wrong with this book! Read it today!